Pro-Biz

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WALK AND PUB LUNCH, THE ADMIRAL HAWKE, SUNBURY-ON-THAMES, 2nd JUNE 2026



Admiral Hawke died on 17th October 1781 in Sunbury. His career in the Royal Navy started at the age of just ten, and he rose to the very top as Admiral of the Fleet. He achieved greatness in battles against the French. He sat as an MP and served as First Lord of the Admiralty. Captain Cook named Hawke's Bay, New Zealand in his honour.

We were eight in all, leaving the Admiral Hawke after the brief factoid, suitably wet-weather clad for the forecast heavy showers, circumnavigating Sunbury Park, down The Avenue and extending a previous walk to take in Rivermead Island. Mercifully no downpours, and back via the Walled Garden to be joined by two others and enjoyed an ample meal back at the pub. About 2.5 miles and all seemed happy.

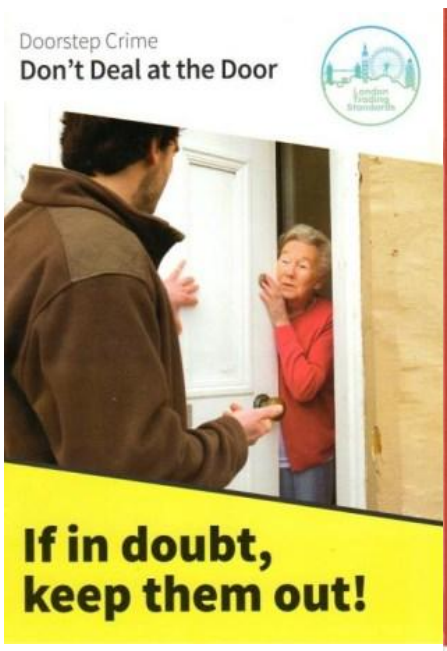
LUNCH TALK, "AVOIDING SCAMS" by HANNAH LUMLEY, TUESDAY 19 MAY 2026-

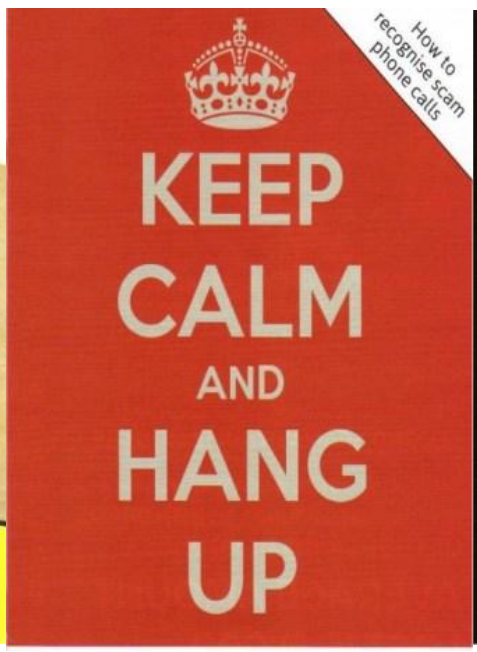
Hannah Lumley is a council Trading Standards Officer. Hannah has been in the role for twenty years and has seen the job change from Weights and Measures compliance to the investigation of complex scams. Ther's no photograph of Hannah included here; her role requires her to maintain personal security.

Hannah offered the following tips:

- If answering a call which sounds like a scam, do not try to string out the conversation to waste their time as they can still glean information. Put the phone down immediately.
- If you are asked by a potential scammer to contact your bank using the normal number, the call can still remain connected. Use a different phone or call another unassociated number first.
- Limit information provided when signing up to something. Consider using another email and different personal information such as birthdays.
- You can extend the time required to hack a password by using a password of 3 words separated by numbers or special characters.
- Use all security features of your model of phone.
- Use credit cards rather than debit cards for transactions as if, there is a problem, it is the credit card company's money at risk and problems may be resolved quicker.
- For building works, use local recommendations, not leaflets nor cold callers. Look at all reviews rather than recent ones. If a limited company, see how long it has been trading. Only pay for staged work and don't make any significant payments in advance.
- Do not use social media to tell everyone you are on holiday. It can invalidate your insurance if you are burgled.

Stewart Murray gave the vote of thanks.







FUTURE EVENTS

TUESDAY 23rd JUNE: CLUB SUMMER PARTY Tamesis Club, Trowlock Way, Teddington TW11 9QY

TUESDAY 7th JULY: WALK & PUB LUNCH, Venue TBC

TUESDAY 21st JULY: CLUB LUNCH, speaker Dr Hywel Bowen-Perkins, "Elvin, a Dunkirk 'Little Ship' "